



Mental Health Resources

211 Maryland

Dial 2-1-1

If you have trouble reaching 2-1-1, call:

1-800-492-0618 (Central Maryland)

1800 Washington Blvd, Suite 340

Baltimore, MD 21230

<https://211md.org/>

A statewide resource available by telephone and internet to connect residents to health and human resources.

Baltimore County Family Navigator

2600 Pot Spring Road

Timonium, MD 21093

667-600-3074

www.famiy-navigator.org

The Family Navigator Service is an all-inclusive resource and referral program for issues related to mental health that has been offering support and compassion to families since 2007. Navigators are knowledgeable about Baltimore County support services and delivery systems.

Maryland Coalition of Families

10632 Little Patuxent Pkwy., Suite 234

Columbia, MD 21044

410-730-8267

<http://www.mdcoalition.org/>

A coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families.

Baltimore Count Crisis Hotline

410-931-2214

A team with mental health/ behavioral training will be sent out to de-escalate a crisis situation.

Mental Health Association of Maryland

Heaver Plaza, 1301 York Road, Suite 505

Lutherville, MD 21093

443-901-1550

www.mhamd.org

Dedicated to working for America's mental health and victory over mental illness.

NAMI Metropolitan Baltimore

6600 York Road, Suite 204

Baltimore, MD 21212

410-435-2600

www.namibaltimore.org

A grassroots education, support and advocacy organization serving consumers of mental health services, their family members and the community. Offers free support groups, programs, lectures, workshops, helpline, resources and opportunities to advocate for research and systems change.

Maryland Behavioral Health

Administration

201 W. Preston Street

Baltimore, MD 21201

410-767-6500/ 877-463-3464

<https://bha.health.maryland.gov/pages/index.aspx>

Kennedy Krieger Behavioral Psychology Outpatient Programs

**Variety of locations throughout central
Maryland**

443-923-9400/ 888-554-2080

<https://www.kennedykrieger.org/patient-care/centers-and-programs/behavioral-psychology-outpatient-programs>

Thrive Behavioral Health

- **5720 Executive Drive, Suite 102
Catonsville, MD 21228**
- **9627 Philadelphia Road
Rosedale, MD 21237**

410-780-5203

www.thrivebh.com

Individual, group, and family therapy in homes, schools, the community and on-site clinic.

Northern County Psychiatric Associates

410-329-2028

2360 W. Joppa Road, suite 223
Lutherville, MD 21093

www.ncpamd.com

A private group, which provides comprehensive mental health services in northern Maryland (Baltimore, Harford and Carroll counties). Experienced in treating a variety of problems across the life cycle.